

TERMINOLOGY

GENERAL

<i>Tae Kwon Do</i>	Korean Karate	<i>Ahn Jo</i>	Sit Down
<i>Do Chang</i>	Gymnasium	<i>Mooknyum</i>	Meditation
<i>Do Bok</i>	Uniform	<i>Yi Ro Sut</i>	Stand Up
<i>Gook Gi</i>	Flag	<i>June Bee</i>	Ready Position
<i>Kwan Chang Nim</i>	President	<i>Si Jak</i>	Begin
<i>Sabum Nim</i>	Instructor (above 4 th Dan)	<i>Gumann</i>	Stop/Finish
<i>Jo Kyo Nim</i>	Instructor (1 st – 3 rd Dan)	<i>Ba Ro</i>	Return to ready
<i>Jeja</i>	Student	<i>Tow Ra</i>	Turning
<i>Dan</i>	Degree	<i>Dui Ro Do La</i>	Turn Around
<i>Gup</i>	Class	<i>Ki Hap</i>	Yell
<i>Bon Kwan</i>	Headquarters	<i>Gup So</i>	Pressure Point
<i>Ji Kwan</i>	Center (branch)	<i>Kyuk Pa</i>	Breaking
<i>Chariut</i>	Attention	<i>Dae Ryun</i>	Sparring
<i>Kyung Net</i>	Bow	<i>Shi Oh</i>	Rest/Relas

NUMBERS

1. <i>Hana</i>	2. <i>Dul</i>	3. <i>Set</i>	4. <i>Net</i>	5. <i>Dasut</i>
6. <i>Yasut</i>	7. <i>Ilgup</i>	8. <i>Yudulh</i>	9. <i>Ah-Hope</i>	10. <i>Yul</i>

PARTS OF THE ANATOMY

<i>Mawli</i>	Head	<i>Gasum</i>	Chest
<i>Noon</i>	Eye	<i>Beh</i>	Stomach
<i>Moke</i>	Neck	<i>Dari</i>	Leg
<i>Pahl</i>	Arm	<i>Moo Roop</i>	Knee
<i>Pahl Kum Chi</i>	Elbow	<i>Bai</i>	Foot
<i>Soun</i>	Hand	<i>Chun Kwon</i>	Fist

STANCES

<i>Ja Yeun Sae</i>	Natural Stance	<i>Gi Ma Sae</i>	Horse Stance
<i>Chung Gul Sae</i>	Front Stance	<i>Chung Ja Sae</i>	50-50 Stance
<i>Hu Gul Sae</i>	Back Stance		

BLOCKS

<i>Ha Dann Makki</i>	Low Block
<i>Jung Dann Makki</i>	Middle Block
<i>Yuk Jung Dann Makki</i>	Reverse Middle Block
<i>Sang Dan Makki</i>	High Block
<i>Soo Do Makki</i>	Knife Hand Block
<i>Sang Soo Makki</i>	Double Arm Block
<i>Ap Makki</i>	Front Block

ATTACKS (fist and hand edge)

<i>Gi Ma Kong Kyuck</i>	Horse ride front punch
<i>Jung Dann Kong Kyuck</i>	Middle punch
<i>Sang Dann Kong Kyuck</i>	High punch
<i>Yuk Jung Dann Kong Kyuck</i>	Reverse middle punch
<i>Kap Kwon</i>	Back fist
<i>Yu Kwon</i>	Bottom fist
<i>Yuk Jin</i>	Knife edge block, reverse attack
<i>Soo Do Chigi</i>	Knife edge attack
<i>Yuk Soo Do Chigi</i>	Ridge hand attack (reverse knife edge attack)
<i>Kwan Soo</i>	Piercing hand

KICKS

<i>Boeddo Ap Chagi</i>	Stretching Front Kick
<i>Boeddo Yup Chagi</i>	Stretching Side Kick
<i>Boeddo Dui Chagi</i>	Stretching Back Kick
<i>Ap Chagi</i>	Front Kick
<i>Yup Chagi</i>	Side Kick
<i>Dui Chagi</i>	Back Kick
<i>Tolya Chagi</i>	Roundhouse Kick
<i>Banndae Yup Chagi</i>	Spin Side Kick
<i>Banndae Tolya Chagi</i>	Spin Roundhouse Kick
<i>Fae Chun Chagi</i>	Wheel Kick
<i>E Dann Ap Chagi</i>	Jump Front Kick
<i>E Dann Yup Chagi</i>	Jump Side Kick
<i>E Dann Tolya Chagi</i>	Jump Roundhouse Kick

TYPES OF FIGHTING

<i>Jayu Dae Ryun</i>	Free Fighting
<i>Sahm Bo Dae Ryun</i>	3-Step Fighting
<i>E Bo Dae Ryun</i>	2-Step Fighting
<i>Dahn Bo Dae Ryun</i>	1-Step Fighting

GENERAL QUESTIONS

1. What does Tae Kwon Do mean? The way of the feet and hands
2. What is the international Tae Kwon Do Headquarters? Ku-Ki Kwon